



### Message of Executive Director

It is my pleasure to present the Annual Report for the year 2012-13. The year was of our continual stride towards a better future of all human-kind in our intervention areas and outside it. Inequality based on gender, caste, religion and region continues in society and so in our intervention area. Exploitation of labour, gender bias, health-care problems, lack of educational facilities, illiteracy, lack of livelihood options, distress migration, water scarcity and poverty have been our main challenges and during the year we have tried our best to address them based on our ability and resources. One of the focus remained on strengthening livelihood in rural region to check distress migration and I am happy to inform that we have been able to reduce migration in several hamlets and villages. Furthermore, we have also been instrumental in providing children with opportunities to access school education. We are indebted to all our financial supporters for helping us in serving the cause of humanity.

Global hunger now afflicts nearly a billion people worldwide. Severe acute malnutrition, however, is the more immediate killer: it threatens the lives of 19 million children. Every year at least 3.5 million

of them die from malnutrition-related causes.

Despite its status as an economic powerhouse, India alone accounts for 54% of all malnutrition-related child deaths. The sheer scale and scope of India's malnutrition problem positions the subcontinent as ground zero in the fight to end child deaths from acute malnutrition. At work in the region since 2000, CDC is currently scaling up its life-saving nutrition programs while helping the government build capacity and strengthen its health systems to tackle this deadly condition. The organization is committed to work towards child rights through direct and indirect program's with children. During the last one year lots of program on malnutrition has been organized at the community level.

Adobe youth voices project trained more than 70 school going children's on capture and digitally presentation through posters, movie clips etc. Other ongoing activities and projects like, conservation of forest and wildlife continue running in the area and addressing issues of local community. I am happy to

share that now CDC is accredited with Credibility Alliance, organization is following norms of Credibility Alliance and bring high class transparency with in the organization. We have kept our all information in public domain.

I also thank all our friends and organisations who supported us in one way or the other in achieving what we could in one year. The Government of Madhya Pradesh has been forthcoming to support our cause in rural areas. Also, most importantly, the support of the communities has been our strength. Without their support it would not have been possible to achieve the desired results. CDC as a team has grown ten year older now and the team members have made it stronger with their contribution towards making things better. There is always a scope for recuperation and we look forward for your valuable suggestions and comments on how we can achieve the same. I take this opportunity to thanks the Board Members; for their continual support and our entire team for their achievements during the year.

Ameen Charles  
Executive Director

## Health Programmes

Health is one of the most priority issue of the organization. We believe health should be take as rights for each and every human being. In last 10 years lots of efforts has been made by the government under National Rural Health Mission [NRHM]. But still there are very big gap between community and health service providers and the available health services.

“Prevention is better than cure” is this very true for people who do not have minimum or basic health facilities. organization working on awareness creation and finding easy and simple option for community to

prevent different diseases. In the area of Baihar and Birsa Block of Balaghat district, Malaria, Tuberculosis is very common and people still dying because of no treatment or timely availability of services. During the year organization have organize health information camps in 30 villages of remote and tribal area of Baihar, Birsa block of Balaghat district and Mavai block of Mandla district. During the awareness camp, the information provided to the community on how they can prevent themselves, different IEC material used to create awareness i.e. Posters, booklets etc. We

have discussed about the Ayurvedic medicines, how to prepare and use on common diseases and how these are useful. One training program on traditional medicine organize for community leaders and trained them to prepare some medicine by using medicinal plants.

Children under age three, 60% are underweight and 40% are stunted.

## Community Based Management of Malnutrition [0-5 Children's]

We all are aware about the malnutrition status among children in our country. Its critical and need to work very seriously to eradicate malnutrition.

CDC is very much concerned about child malnutrition, through the various study and survey it has been proved that malnutrition is one of the major cause of child death.

Madhya Pradesh is a state with the highest child malnutrition level in India. The results of NFHS-3 show that, among children under age three, 60% are underweight and 40% are stunted. Further, the percent of children underweight actually increased in Madhya Pradesh between NFHS-2 (1998-99) and NFHS-3 (2005-06) from 54% to 60%. Madhya Pradesh is also the only state in India that falls in the “extremely alarming” category of the India State Hunger Index developed by IFPRI. The last few years have seen heightened focus on malnutrition in Madhya Pradesh by both government and non-government organisations. The media has reported on numerous cases of malnutrition-related deaths, public hearings and commissions of inquiry have been held, public protests have been organised and the government has also tried to make some innovations. CDC also taken some serious steps to work on malnutrition, A collaborative effort with Vikas Samvad

Bhopal, Spandan Khandwa and Parhit Shivpuri has been started with the support of SDTT. The process of understanding situation and designing of intervention, capacity building at the organization level has been don during the year. This intervention has been approved by the State Government under ABM [Atal Bal Arogya Evam Poshan Mission] as pilot for the state. CDC is going to implement project in 100 villages of Birsa Block of Balaghat district.

This year a campaign on Community Based Management has been organize in the project area to mobilize community and all the stake holders. Through this campaign we covered more than 125 villages. Through the project intervention CDC is going to support system to strengthen the nutrition and health services at the community level. We believe that malnutrition could be managed at the community level if proper information and collective action has been taken. This year we worked with Anganwadi workers, ASHA, ANM and members of VHSNC including PRI members to understand the route causes of malnutrition and take action.



## Axaya India TB Project

CDC is working with CHAI [Catholic Health Association of India] on Axaya India TB project in tribal areas of Balaghat district. During the period of one year we have been organized 48 community trainings at the community level and trained more than 700 people including health service providers on TB. The training program has been implemented in very remote areas where TB prevalence is high. With this activity we have trained around 10 community volunteers for sputum collection. During the 10 months of period these volunteers has been collected more than 1000

sputum, there was 80 TB positive person. Through the efforts of the organization all has been linked with DOT in time and they are getting proper treatments. TB is one of the major disease in the district which making deaths. CDC has been playing effective role to facilitate district level TB forum and making advocacy for TB patients. There was issue of incentives of DOT providers, this issue has been raised by the organization with health department through TB forum. After raising this issue the problem has been solved and the DOT providers getting their incentives which was pending.

CDC is now member of STOP TB, This year STOP TB Partnership has been approved the application and give the mem-



bership to the organization. World TB day also celebrated by the organization at Birsa block, there was active participation of block level health officials and different Govt. officials.



1000 Sputum collection and referral by community volunteers during the year

## Adolescents Menstrual Health, Hygiene & Education

As we know, the situation in India is very dismal with only 12% of 355 million menstruating women using sanitary napkins. Unhygienic use of cloth and other materials leads to various infections. The problem is very critical among adolescents girls in rural areas, Due to lack of knowledge and information of the mothers there is no knowledge transfer to the girl child for menstrual health and hygiene. CDC has

been taken this issue seriously and started training sessions at the school with the help of health workers. During the year we tried to reach around 400 adolescent girls with proper message and information. Organization has been distributed free sanitary napkins to these girls and trained them on how to use. This was very-very effective program, during the program we have found that there is different myths and different causes of infections.



## Community Conservation Initiatives

Community conservation initiatives project has been continue ongoing with the support of Rufford Small Grant Foundation. This year the project has been covered 10 villages of the buffer zone area. Through the project we have been provided support to people living in this area.

The project is trying to enhance household incomes and livelihood options. When the people will have proper income they will be able to support conservation activities, to reduce pressure on forest we have been provide support to families to prepare low

cost and low smoke chulah. Different farm and agricultural activities initiated and supported by the project. During the year we trained around 400 community members on sustainable harvesting, conservation of community resources, how to use natural resources etc. These trained 400 peoples are our volunteers and working with organization. They are spreading messages in the community. The conservation centre also established at KHAJRA village which called SAMPADA training centre. In this centre we have established different training and resources equipment, for demon-

stration and training of the community. Through the centre we have trained community on different issues, i.e. Poly houses, making of bio-globules etc. Through the project we have made some awareness activities with the school going children's and trained them on environmental issues. The children's were involved on planting the fruit plants at their own house and school campus also. Children and youths are taking active participation in the project.

Project villages	Bhalapuri, Mana, Garhi, Samariya, Saraitola, Ramhepur, Balgaon, Khajra, Lap-ti, Kugaon	
ACTIVITIES	No	Indicators / Out comes
Community conservation Meetings	118	
Livelihood alternatives		Identify alternate source of livelihood
Scientific harvesting		Knowledge and practice
Firewood collection and use Bio-globules		Change in practice At least 5 families per village adopted one enterprise
Vegetable cultivation [Support & Plan]	400	Matching support for purchase of seed
NTFP collection & Trading		Collection, processing and trading mechanism
Protection of forest and wildlife		Level of knowledge and practice
Biodiversity		Knowledge and awareness
Nursery		5000 plants/ matching support to 10 farmers
Role of EDC & EDC initiatives		Coordination and action with forest department & community work
Volunteer meeting at centre	14	At least 200 volunteer trained on different issues
NTFP processing	30	Marketing plan and strategy for each products
Demonstration	09	Visibility of different technology for energy conservation
Trainings	10	200 women and trained
Use of bio-globules & Use of smokeless chulah	50	At least 5 families using 20 families constructed improved chulah
Wormi composting	20	20 pits construction and production
Vegetable cultivation	400	Income increase by Rs. 1000 to 3000 of all beneficiaries
Fruit plantation	500	10 farmers identified and 0.5 acre of land used for horticulture
Orientation to school going children	1000	Children's aware about environment



## Skill based Livelihood Projects: MCR Training

UNHabitat has been provided organization project for youths, title : “Promotion of Micro Concrete Roofing Tiles through vocational training”. Through the project we have trained 39 youths on making of MCR and established a production unit for youths which called Habitat Solution.

This project have gives skill to youths for the making of MCR. Micro Concrete Roofing tiles is new for this area. People are using traditional burnt tiles for making their roof. A new technology and option has been introduced in this area by the organization. During the training the trainees have made around 7000 MCR tiles and we have made demonstration places in two different villages. The Habitat Solution has been formed for the youths who are interested to be an entrepreneur and willing to start their own enterprise. The unit has been provided to these youths. Now these

youth are doing some production and promotion. In near future this unit will be self sustainable and able to provide employment to the youths.

Habitat Solution is a youth unit which produce and market SMB and MCR.

We have added SMB also with this unit because Stabilized Mud Block and MCR, both are Eco friendly building materials and reducing pressure on forest and illegal cutting of forest.

This year CDC has made some more trainings for SHG members on SMB at the Chhildwara district in collaboration with CDVD. We have trained 80 SHG members on making of SMB. Organization is very much interested to promote these technology in the area, because of sustainable housing products and eco friendly.

As per our experience at this stage the demand of SMB and MCR is very less but in future this will be very good enterprise for the youths, it's a sustainable and group enterprise which gives livelihood to many people. CDC is supporting youth units for promotion and marketing of these products.



## Adobe Youth Voices TIG Project

CDC is partnering with Taking IT Global for Adobe Youth Voices project since last three years. The project is dedicated for children and youths. The concept of the project is very effective and useful for children and youths. Through the project we trained 76 youths on digital media. Through the project children's have learned lots of skills on making media pieces, through understanding social issues. This year CDC has been worked with VIKRAM SCHOOL and trained the children on different software's of Adobe i.e. Photo shop, Premier, Illustrator and trained on photog-

raphy, video. The children/ youth have learnt editing, making of story board etc. Most of youths taking part on various competition at the national and international level. Youth have taken part and visited science express at Jabalpur Station also.

The project is giving opportunity to 13 to 18 age group youths for their future career, this year youths have been taken part on Aspire Award competition, connect 4 climate and one national painting competition. Through the project youth has been trained on various social issues, most important Child Rights, Environment, Sanita-

tion, Women empowerment, Violence against women etc. The youths have prepared around 23 projects, mostly posters to create awareness and changing behavior and policies.



### AWARD

The World Bank initiative Connect4Climate awards for the inspiring work of Manthan Charles, a young digital photographer and Adobe Youth Voices participant. He placed first in the Energy category (<http://www.tigurl.org/energy>) and third place in the Water category (<http://www.tigurl.org/water>) details could be found also on <http://connect4climate.org/blog/voices4climate-winners>



Posters Prepared by Youths during AYV training

## Community Solar Charging Station

The project for establish community solar charging station supported by Australian High Commission. Through the project we have established community solar charging station at Balgaon, Khajra and Lapti. The solar charging station covering 150 families . In the rural area power supply is still critical, mainly in rainy season the electricity availability is very problematic. If village is under electrified there are lots of families not covered under the electrification, due to scattered household. In the tribal area people making their house near their land for agriculture purpose, there are

lots of families lived away of main village habitation.

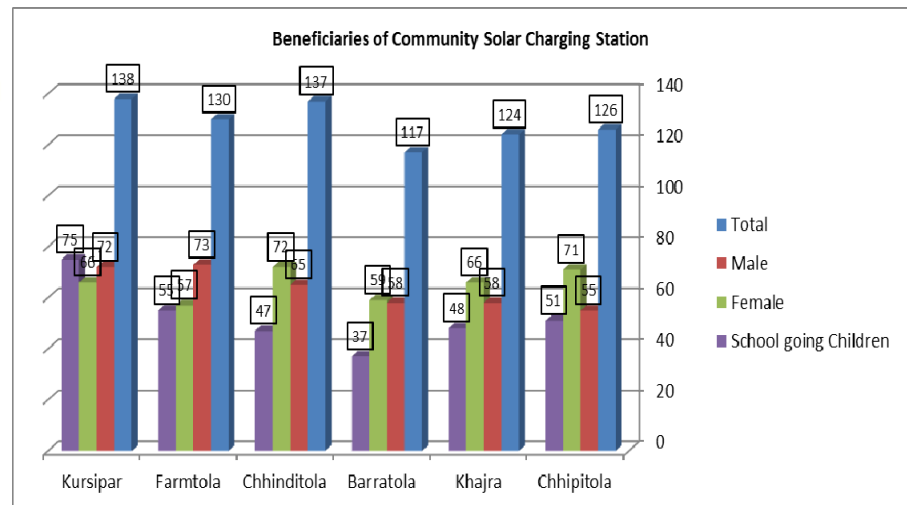
The project is implemented with the consultation of the community. The project is able to provide good light for family for their household work and most important study of school going children. The charging unit has been established in a family and people bringing the lamp daily for charging. They are collecting Rs. 2/- per day for maintenance of charging station. The project is very effective and people are very happy to get the solar charging lamps. They have developed some system to man-

age the charging station.



### Benefit of the project:

- They have now light at night and women are happy because they can make food and other household activities in light.
- The school going children are able to do read and write in the night. People are able to take this light out in the night when they go for toilet, their farm.
- Major long-term benefit of the project is on protection of forest and wild life. normally people using fire for lightning at home, at forest during collecting/ harvesting NTFP [Non Timber Forest Products] or at farm during sowing, harvesting of the crop. This is very common practice which is dangerous and causing of fire in forest. They are using the solar lamp for their work.
- Eye diseases among women and children's due to smoke will be reduce.





## Change through Voluntary Work, Partnership with GOONJ

This is the program which support and strengthen traditional system of tribal community, where they work collectively and helps each other. Traditionally among the tribal community they have been culture of serving each other through voluntary work. This tradition and concept was going away in the present social change in the community. We all know that the cloth is basic human need but there is no program for clothing. The people who lives in extreme poverty and who have not proper food security, need to think how much they will spent on clothing. The program cloth for

work not only gives support of clothing but promoting collective voluntary action among the people. This year CDC has been mobilized community to work for community problems, when they will complete the work they will be able to get cloths. The program becomes very effective, the community has done collectively lots of community work i.e. cleaning of drinking water source, cleaning and repairing of village road, repairing of culvert, collectively paddy transplantation, roof repairing etc. Through the cloth for work program 35 community works has been worked. We

have worked with the children who stay at school hostel, these children's have been supported by cloths for their collective work at the hostel, they have make plantation and kitchen garden etc. The Goonjs program supports school going children's also under school to school program, we have supported Utkarsh Vidhyalaya and Anganwadi centre at Khajra village. Toys, books and mattress provided to these institu-

Clothing is one of the basic need of the human being but there is no program for cloth at the Govt.

Why people die during winter ?



35 community work completed by the people



23 villages covered by the cloth for work program

743 Male Female participated in the voluntary work

369 Adolescent girls has been oriented and supported



7 Schools participated in School to School program



## Other Program & Campaign

This year CDC have made follow up trainings for Self Help Groups at the PACS project area at Bhanderi cluster, two round training and meetings were organized. This program conducted by the demand of these SHG's member, The SHG's were formed and strengthen by the organization during the implementation of the PACS program in 6 Panchayats of Baihar Block. Through the program a good experience we had. The impact of the project could be seen at this area where women's status have been changed. Now women coming to the meeting and all community program without

any fear, there is no fear factor for these women. All these women were organized by the organization, that time these women were very much suspicious and fearing. SHG's still working nicely and women are organize nicely, their level of understanding and confidence has been increase nicely. These groups are working on different areas. Women shared that now there is no any cased of domestic violence since last six to seven years, because women's become strengthen and having knowledge about their rights. The small income generation program which was supported by

organization is running successfully, these income generation activities strengthen livelihood of the SHG members.

With this organization have made some program on Child Rights at the community and the school level. A training on child rights has been organize for SHG members, PRI members and School teachers at Bhanderi village. Orientation on child rights has been organized at Govt. HSS level students to understand about the rights of children.

## Social work Students exposure to CDC

CDC playing important role for youths whose are interested to work in social development sector or whose are studying in social works. This year 80 students from MSW college has been visited in the organization. They have visited CDC office and learnt about, how NGO works. A detailed training sessions has been conducted for the students of the college.

This year organization have organize orientation cum training for newly formed NGO at the Mahakoushal region, this training

was organized in collaboration with CDVD Mandla. Through this prorgamme 17 NGO's has been trained on Vision, Mission, Objectives, Proramme Planning, Programme Implementation, and documentation. The program has been facilitated by Executive Director of the organization.

If you want to change the world, change yourself !!!

## New website of the organization

In 2006-07 we have launched our first website, which was technically supported by OWSA One World South Asia. After the hosting of website we have regularly updating the site. It was very good support of OWSA to design and upload the site, CDC explored this opportunity and bring this site informative and useful. This year we have made some changes in our site and upload again. This site has contains very rich information of the organization. We have

put our all details in this site. The site contains details of programme and projects, reports, video, IEC material, Poster, Photographs, Progress Reports and all legal and financial information also available in the site. We are thankful to OWSA and now organization site could be access in two web address

[www.cdcmp.org](http://www.cdcmp.org)  
[www.cdcmp.org.in](http://www.cdcmp.org.in)



## Joint Action on Malnutrition with CRY, Vikas Samvad and CDC

CDC has been initiated a joint project with the support of CRY and Vikas Samvad on Malnutrition, the project Model for Community based Management of Malnutrition and Advocacy actions on Child Health-Malnutrition issues in Madhya Pradesh. This project is going to implement in 6 villages of Baihar Block. There is need to create some model of management of malnutrition. The project has been initiated in the month of Feb with the survey and

study of the area, we are trying to understand the situation of the area which create adverse situation in the community. As we understand that malnutrition is not an issue of food availability only but it has different causes. There are gender inequality, food security, health services, nutrition services, violation of child rights in different areas etc. Through the project we are planning to address these issues in

broader perspective with community participation. The project is in very initial stage, we will be able to do some good and effective change in future with project, which will support and create a very friendly environment for development of each and every children in the area.

## Credibility Alliance Norms Compliance Report

### IDENTITY

- We are registered as a non profit making organization under society registration act 1973 [article44] Registration No. JB 6524 on 04/01/2003
- MoA and AoA are available on request.
- We are registered u/s 12A of Income Tax Act. 1961 and registered under 80 G
- Organization registered under FCRA

### Name & Address of Main Bankers

- State Bank of India, Subhash Chouk Branch, Station Road, Balaghat 481 001
- Bank of Maharashtra, Main Road, Balaghat M.P. 481 001

### Name & Address of Auditor

- M/S. Pramod Bothra firms, Chartered Accountant, Ground Floor, Dhanraj Complex, Balaghat MP

### VISION and MISSION

- "CDC visualizes a society in which peace, justice and equality prevail and wherein all citizens irrespective of caste, creed, language and religion live in peace and communal harmony. CDC also envisages a society where the poor, the marginalized and the under privileged have equal opportunity for their involvement in the development process which is value based and sustainable and also have an appropriate environment to develop their fullest potential."
- "CDC actively supports and works towards a just and sustainable society by creating conditions for meaningful and disciplined involvement of all people and their organizations, in the development process which is based on macro approach and involves networking of the organizations at various appropriate levels."
- CDC met four times in FY 2012-13 on 27/05/2012, 29-09-2012, 11/01/2013 and 22-02-2013 Minutes of the meeting documented and circulated
- A Board rotation Policy exists and is practiced
- The board approves programme, budgets, annual activity reports and audited financial statement . The Board ensures the organization's compliance with laws and regulations.

## CDC Governing Board as on 31st March 2013

Name	Age	Sex	Position on Board	Occupation	Area of Competency	Meetings attended
Mr. Sanjay Jain	41	M	President	Business	Pharmacy	4/4
Ms. Rubina Shah	37	F	Vice President	Professional	Social Work	3/4
Mr. Ameen Charles	38	M	Secretary	Social Work	Social Development	4/4
Mr. Ramesh Yadav	36	F	Joint Secretary	Professional	Social worker	4/4
Mr. Rajkumar Sahu	38	M	Treasurer	Farmer	Agriculture	4/4
Ms. Sunita Khalko	37	M	Member	Housewife	Rural Governance	3/4
Mrs.Licy Abraham	38	F	Member	House Wife	Health	4/4

## Financial Statement 31st March 2013

Receipt	Payment	Purpose
2407381.93	24.7281.93	Projects on <ul style="list-style-type: none"> <li>Livelihood</li> <li>Conservation</li> <li>Skill Training</li> <li>Malnutrition</li> </ul>
Govt. Grant	Trust or Foundation	Donation, Own Resources, Individual, Members Fee
92734.00	1787101.00	407300.00

- CDC receives grant in this financial year from Cottonwood Foundation, Rufford Small Grant Fund, Madhyanchal Forum, DST, Youth Service America, UN Habitat and MPCST for specific project or programmes.

### STAFF DETAILS: as on 31st March 2013

Sex	Paid	Full Time	Volunteers
M	06	06	02
F	07	07	02

No national or international travel cost provided to any board member  
Remuneration to staffs  
> Rs.5000 : 11  
Rs. 5000 to 10000 : 02

### ACCOUNTABILITY AND TRANSPARENCY

- No remuneration, sitting fees or any other forms has been paid since inception of the organization, to any Board member.
- The following reimbursement have been made to board members.
  - Travel for attending board meetings : NIL
  - Local Travel all staffs : Rs. 24206.00
- Remunerations of 3 highest paid staff members  
Rs. 10000-p.m., Rs. 6000-p.m.  
Rs. 3000-p.m.
- Lowest remuneration to staff  
Rs. 2500-p.m. Rs. 1500-p.m.

## Community Development Centre

Opposite Maharishi Vidya Mandir  
Near Lodhi Hostel, Bhatara,  
Balaghat M.P. 481001 India  
Phone: +91 9425822228  
Phone : +91 9406730063  
E-mail: cdcbgt@gmail.com  
Website : www.cdcmp.org.in

[www.cdcmp.org.in](http://www.cdcmp.org.in)

*CDC is an youth led organization, which works for development of children and youths in priority. Organization provide different opportunities to children and youths for their own development. CDC is making partnership with different national and international social, economic, education organization and institutions to share, explore information and opportunity for youths.*

*In future we are planning to establish a resource centre for youths. Where youth can access and use information on different issues. We understand that skill is very important for employment generation and ensure livelihood, CDC will be able to provide skill based education to the children and youths in future.*

## Request to support CDC

Community Development Centre is non profit making organization, organization is working in central part of India since last more than 10 years. Our work, program and projects are dedicated to people living in extreme poverty and who have no resources to fulfill their basic needs immediately. We support Dalits, Schedule Tribes community, School going children's, Widow, Children's living with HIV/AIDS. These are the vulnerable section which needs your help and resources.

You can support these peoples, what you want to support, we accept donation in cash and kind also. CDC is registered under 80G , your dona-

tion is exempted. We will provide feedbacks on your donation.

Organization needs volunteers also to work in our project area and school at village.



# Community Development Centre [CDC]

*Rights in Dignity*